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GIFTS FOR NEW MOMS USEFUL ITEMS TO SOOTHE NERVOUS PARENTS {page 9}

MARRIAGE WAS THE PITTS

BRAD CLARIFIES 'DULL' REMARKS ABOUT JEN {page 8}

LONDON metro®

Monday, September 19, 2011
www.metronews.ca

News worth sharing.

Modern. Victory

▶ Actress Julie Bowen accepts the award for outstanding supporting actress in a comedy series during the Primetime Emmy Awards at Nokia Theatre in Los Angeles last night.

KEVIN WINTER/GETTY IMAGES

Modern Family sweeps early Emmys

Bowen stars in Modern Family, which won three other Emmys at the start of the show — including best supporting comedy actor, best writing for a comedy and best direction for a comedy series. The winning streak inspired host Jane Lynch to quip: "Welcome to the Modern Family awards." Visit metronews.ca/scene for more.

Elections still fought on doorstep

Twitter, Facebook are important, but will not replacing face time with voters: Experts

Despite the importance of social media in the Ontario election campaign, tweeting will never replace door knocking, and campaigns will still be won and lost offline, politicians and experts say.

They say social media might add a new element to elections, but doesn't supersede traditional methods of winning over voters.

Tamara Small, an assistant professor of political science at the University of Guelph, notes that lawn signs and canvassing are still very much in existence in 2011 regardless of social networking.

"Should you have a volunteer go out door-to-door, or should you have them monitor social media all day?" Small said. "I might say: 'Send that volunteer out door-to-door.'"

Still, all three major parties have campaign teams dedicated to social media. A Conservative Facebook application lets users earn points toward a prize by taking action to support the campaign, such as making phone calls or volunteering. The Liberals have made their own social network called fRed, where supporters can connect and help campaigns.

In contrast, the NDP's social media specialist, Justin Stayshyn, said the party will focus on the "basics," and that they're not doing "flashy apps." **THE CANADIAN PRESS**

"The best education anybody will ever get is to just knock on doors and ask people what's important to them."

DEB MATTHEWS, MPP LONDON NORTH CENTRE AND SELF-CONFESSED TWITTER ADDICT

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1 news

The recent pattern of Apple employees misplacing prototypes seems to have spurred the tech giant to beef up its security staff. Scan code for story.

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3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

The stars have left town, the Q's have been A'd, the winners have been lauded, and another Toronto International Film Festival is in the books. Video at metronews.ca

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Fair's days look bright: Organizers

Western Fair District hopeful positive customer feedback will carry over to final gate count

ANGELA MULLINS
@METRONEWS.CA

Western Fair may be on the rebound.

When final attendance numbers are released this week, fair organizers are expecting to see an increase from the 178,000 people who came to the fair in 2010, which was a drop from past years.

Heather Blackwell, corporate affairs manager for the Western Fair District, is basing some of her prediction on what she's heard from the public.

"Often, people take the time to call when they're not happy," Blackwell said yesterday, hours before the 10-day festival drew to a close. "But there's been a lot of people taking the time to email or tweet or phone in and tell us what they like about the fair. That alone tells you we've done something right this year."

Organizers surveyed people in advance of this year's event and put a renewed effort into giving people what they wanted. That included a redesigned midway, more animals, new shows, an agricultural initiative on the north side of the grounds and more grandstand events included with admission.

Creating more of a "fair atmosphere" was also a top priority and led to the addition of more roving performers from across North America.

"You have to listen to what people want," Blackwell said.

Talent winners

- Lauren Hastings, Kurtis Eilser and MacKenzie Killough are the winners of Western Fair's junior talent contest.
- Lauren of Cambridge took first place by singing Part of Your World; Kurtis of Mitchell claimed second place, singing One Voice; and MacKenzie of St. Thomas won third place, dancing to The Crush.

Shoe. Thing

▶ Craig Ingram of London shows off his pumps yesterday before Walk a Mile in Her Shoes at Victoria Park. It was Ingram's fourth year trekking around the park for the event that raises money for the Women's Community House and increases awareness about sexual violence.

ANGELA MULLINS/METRO

Pumping it up for good cause

Getting into the swing of Doors Open

People got a chance to poke their noses inside some of the city's oldest and most interesting buildings this past weekend during Doors Open London.

The two-day event included 52 city sites ranging from churches to crematoriums.

The tour — in its 10th year — gives people a chance to immerse themselves in history and learn a little about the sites they pass as part of everyday life.

Metro asked visitors to weigh in on their favorites.

Here's what some people had to say. ANGELA MULLINS

Audie Hewitt
34, Brooklyn, N.Y.
"I guess it would have to be (Museum London). There were lots of interesting artifacts there, and it's not a common opportunity to get to go in. It was pretty good."

Alexis Fowler
32, London
"The Chisholm Building. They're restoring the building down there ... and they found some really neat artifacts (including) an old love letter that was ripped up and hidden (under) one of the boards in the floor."

Laleh Pashaei
37, London
"The art (at Museum London). That was my first time, but the art is amazing. It's very nice."

ALL PHOTOS: ANGELA MULLINS/METRO

Mike Gardener
31, St. Thomas
"I would definitely say the (London) Waldorf School.... It was ... something that's not part of normal culture here, that just kind of goes against the grain. I think that's perfect for London."

Runners hit the road to cure cancer

ANGELA MULLINS/METRO

▶ Lewis Rendell, 18, of Hornepayne, left, and Patrick Kiloran, 19, of London, participate in the Terry Fox Run yesterday at Springbank Gardens. Rendell has been participating in the run that benefits cancer research since she was child. Her mother, who died of lung cancer in 2007, was a longtime race volunteer.

Terry Fox Run draws more people than expected 85 cents of every dollar raised goes toward research

ANGELA MULLINS
@METRONEWS.CA

Jackie Robitaille has a very special reason for participating in the Terry Fox Run.

Her 18-year-old son Cole died in 2010, four years after being diagnosed with the same malignant bone cancer that took Fox's life.

"There's gotta be a cure," the Belmont native said yesterday as she hung a T-shirt with Cole's picture on a memory tree at Springbank Gardens in London. "You can't give up. You've gotta keep searching."

That determination is what brought more than 1,000 people out for local runs and is what has kept the cancer-research fundraiser going strong.

Many of the people who made their way along the courses at Springbank and the University of Western Ontario have never been impacted by cancer. But many have personal stories about their battle.

That makes those supporters special, said Paul Cox, who helped organize the Springbank run.

"When you do the Terry Fox Run, it's part of who you are," he said. "This is something people will come to every September until they can't come anymore."

The Springbank event raised more than $100,000 for the Terry Fox Foundation. The amount raised at Western was not available at press time.

Skating, dog parks on council agenda

The full city council will weigh in tonight on a proposal to spend millions of dollars to spruce up London before the World Figure Skating Championships hit the ice.

Members of the community and neighbourhoods committee supported the spending in principle last week, and recommended that administrators present a prioritized list of projects to the services review committee. That recommendation will be voted on at tonight's council meeting.

About 80 per cent of the money spent would pay for fixups like new roads and downtown lighting.

Councillors also will consider asking administrators to prepare a report about complaints regarding dog parks. The issue was brought up last week when Coun. Denise Brown addressed a council committee about noise concerns at the Greenway Park.

ANGELA MULLINS

News in brief

Phone used to find suspect

THEFT. A London man is facing charges following a vehicle theft early yesterday morning.

Police were called to Wilkins Street after reports of a man breaking into vehicles.

When police arrived they saw the man leaving the area in a stolen vehicle and followed him. He then abandoned the vehicle and fled on foot. The man dropped his cellphone, and police used it to identify him.

Scott Simpson, 22, was arrested at his home a short time later.

AM980/AM980.CA

City launches bylaw blitz

ROADS. The City of London will carry out an enforcement blitz of the idling-control bylaw at local schools, malls and other locations this week.

Under the bylaw, vehicles are not permitted to idle for more than two minutes. During the enforcement blitz, officers will be issuing $50 tickets to offenders.

METRO

Bridge breaks, man dies

FATALITY. A London man has died after a bridge he was crossing broke in the town of Middlesex Centre, just west of London, Friday night.

OPP say Norman Edwards, 61, was walking on private property around 9:30 p.m. when the bridge on Adelaide Street North broke and he fell to the ground.

THE CANADIAN PRESS

Two suspects identified

CHARGES. Police have released the names of two London men charged in a home invasion last week at 75 Oakville Ave.

Ryan Hill, 33, and 26-year-old Jonathan Harp are charged with several firearms offences, assault, forcible confinement, robbery and other charges.

METRO

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Omnibus tops Commons agenda

Parliamentarians are back to work today
It's the first chance the Conservatives have to move on their law-and-order election promises

JESSICA SMITH
@METRONEWS.CA
METRO CANADA IN OTTAWA

The Conservatives are set to introduce a massive omnibus bill on terrorism, youth crime, wiretapping and other planks of their tough-on-crime platform.

Terrorism tops the list, with the new bill promising, in its title, Justice for Victims of Terrorism. The Tories campaigned on allowing victims to sue terrorists and supporters.

Two controversial, temporary anti-terrorism measures implemented after 9-11 will be reintroduced, Prime Minister Stephen Harper said in a recent TV interview.

Crime legislation — on young offenders, sentencing and child predators — that was introduced but not passed before the election, is expected in the same bill.

The exact wording of measures in the omnibus bill won't be made public until it is introduced today, but the opposition parties are already raising alarms.

The New Democrats say measures that would allow law enforcement to monitor Internet activity without a warrant will amount to "legalized widespread snooping on average citizens." The Conservatives say the measures will give law enforcement agencies "up-to-date tools to fight crime in today's hightech telecommunications environment."

Before the debate, the legislative session will begin with tributes to Jack Layton, with speakers expected from the from New Democratic, Conservative, Liberal and Green parties.

The bill

Here's what the omnibus bill is expected to do on:

TERRORISM

- Allow police to detain terrorism suspects for up to three days without charges.
- Allow judges to jail witnesses who won't testify about terrorism.
- Allow terrorism victims to sue terrorists and their supporters.

YOUTH CRIME

- Simplify pre-trial detention rules so youths accused of serious crimes — including property crimes over $5,000, possession of a firearm, sexual exploitation, robbery and murder — can be jailed before trial.
- Expand "violent offence" definition so youths who endanger public safety during a crime can be jailed.

TELECOMMUNICATIONS

- Make telecom providers install surveillance software, allowing police to track Internet and mobile-phone activity.
- Make telecoms disclose customer information to authorities.

SENTENCING

- End house arrest for perpetrators of violent crimes, including sexual assault.
- End pardons for sexual assaults on minors, offenders with three convictions prosecuted by indictment.

CHILD MOLESTATION

- Create or increase mandatory minimum jail time for certain sexual offences involving children.
- Outlaw "grooming" — i.e., creating laws against giving sexually explicit material to a child for the purpose of committing an offence.

Strong earthquake strikes India, Nepal

A strong earthquake shook northeastern India and Nepal, killing at least 16 people, damaging buildings and sending lawmakers in Nepal's capital running into the streets.

The quake, with a preliminary magnitude of 6.9, struck at 6:10 p.m. yesterday local time and was felt across northern and eastern India, including in the capital of New Delhi. It triggered at least two aftershocks of magnitude 6.1 and 5.3, Indian seismology official R.S. Dattatreyan said. He warned more aftershocks were possible.

The full extent of damage was not immediately known because the region is sparsely populated with many people living in remote areas now cut off by mudslides triggered by the quake, state police Chief Jasbir Singh said.

THE ASSOCIATED PRESS

Canadian among dead at airshow

A former Air Canada pilot and his wife are among nine people killed in Nevada after a Second World War-era plane crashed during an air show.

George Hewitt, 60, and his wife Wendy, 57, were among the spectators when the plane — a P-51 Mustang flown by a 74-year-old veteran racer and Hollywood stunt pilot, crashed on Friday.

The couple reportedly had moved recently from Washington to Fort Mohave, Ariz., after George Hewitt retired.

He was born in Winnipeg and flew as a pilot with Air Canada for about 40 years.

His brother, Wayne, said he remained an enthusiastic pilot upon retirement. The Hewitts reportedly had four children, all living in British Columbia.

THE CANADIAN PRESS

Pneumonia linked to whale's death

Tiqa, the Vancouver Aquarium's young beluga whale, died early Friday of pneumonia, according to preliminary necropsy results.

Veterinarian Dr. Martin Haulena spent most of Friday conducting Tiqa's necropsy at the Ministry of Agriculture Animal Health Centre in Abbotsford.

"The preliminary results indicate that Tiqa had pneumonia," the Vancouver Aquarium said in a statement. "The underlying cause is not yet known."

Haulena will continue to look for the cause, including "potential underlying metabolic disorders." He will also work with specialists across North America to thoroughly review the preliminary results.

Tiqa is the third young beluga to die at the aquarium since 2005. PHYLICIA TORREVILLAS IN VANCOUVER

Market moment

PRICES AS OF 4 P.M. FRIDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
- 161.13 (12,263.71)	+ 0.52¢ (102.15¢ US)	- 1.44¢ US ($87.96 US)	$3.844 (- 3.4¢)	$1,814.70 (- $33.30)

Jobs over austerity: Obama

Plan proposes minimum tax rate for earners of more than $1 million

Even as President Barack Obama prepares his opening bid on long-term debt reduction, the White House wants to keep the focus on jobs and is determined to avoid getting sucked into another budget fight with lawmakers.

Administration officials see the task of attending to deficits as necessary but not necessarily urgent, compared with the need to revive the economy and increase employment. The White House also sees this as the time to draw sharp contrasts with Republicans.

So when Obama announces at least $2 trillion in deficit reduction measures today, he is not expected to offer all the compromises he reached with House Speaker John Boehner in July.

The plan represents an economic bookend to the $447 billion in tax cuts and new public works spending that Obama has proposed to as a short-term measure to stimulate the economy and create jobs.

THE ASSOCIATED PRESS

PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

▶ U.S. President Barack Obama gestures as he speaks about his American Jobs Act legislation last Wednesday in Raleigh, N.C.

Greece must step up, Flaherty says

The tiny country known for sun-baked islands and historic ruins seems unlikely as the trigger for the next global economic tsunami.

Yet just as the startling collapse of Lehman was followed by the worst recession in six decades, a Greek default has the potential to send the world tumbling.

Already owing about 150 per cent its annual economic output, Greece has said it has enough cash to carry its debt to mid-October, by which time it will need about $8 billion to stave off default. Eventually, its partners in the 17-country eurozone will balk at extending more of their money.

"I think at the end of the day, it's up to Greece. Greece has to fulfil its commitments not only to the eurozone but also to the IMF," said Finance Minister Jim Flaherty to CTV.

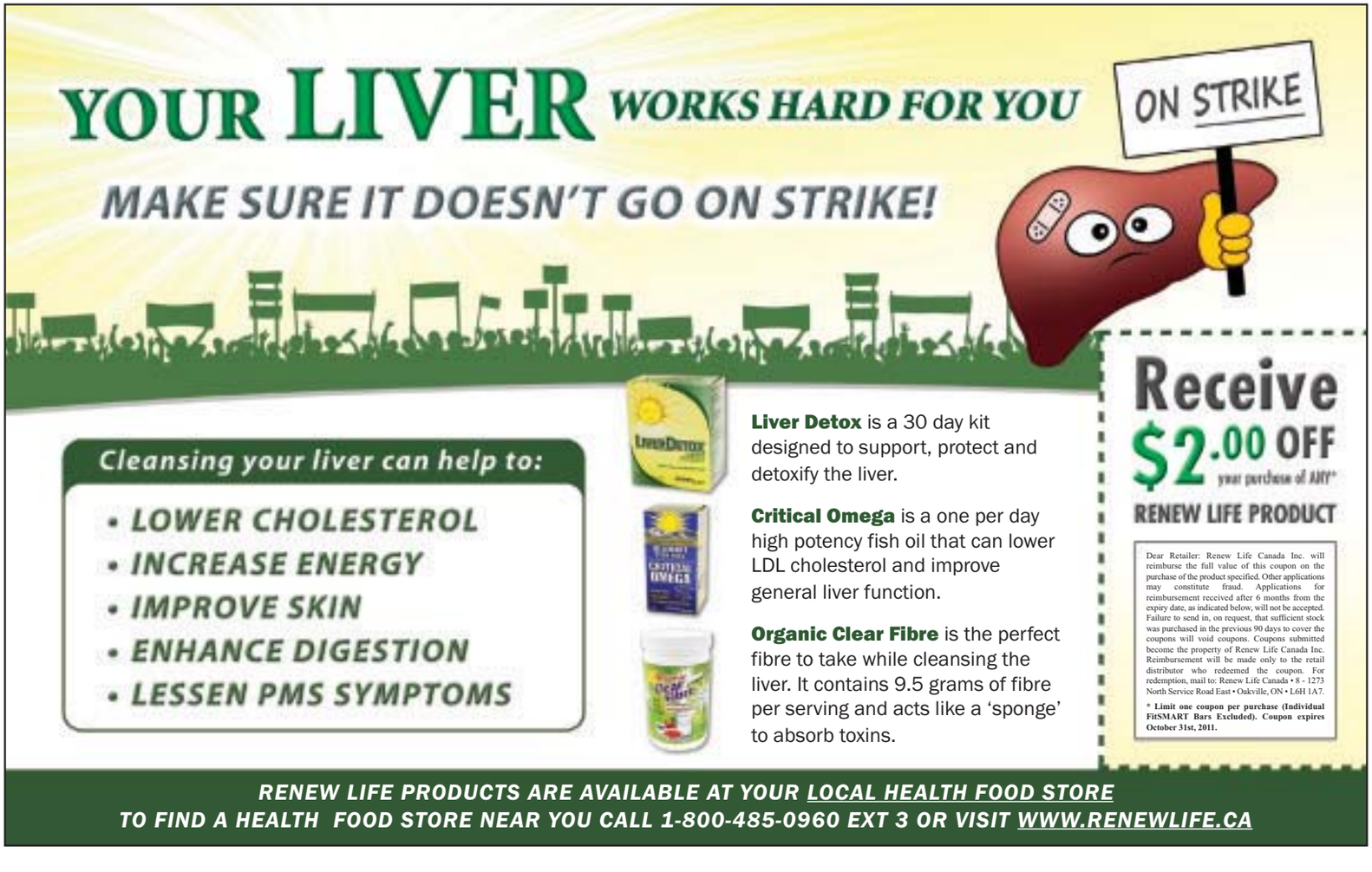
According to Paul Taylor, chief investment officer with BMO Harris Private Banking, the danger to Canada's economy is what a default does to confidence and credit. THE CANADIAN PRESS

UBS puts trading-scandal losses at $2.3B

Oswald Gruebel, the chief executive of UBS, has dismissed calls for his resignation as politically motivated, even as the Swiss banking giant raised its estimated loss by a rogue trader to $2.3 billion US, up from $2 billion when news of the scandal first broke last Thursday.

UBS also confirmed that the trader, 31-year-old Kweku Adoboli, was already under investigation.

THE ASSOCIATED PRESS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Critical Omega is a one per day high potency fish oil that can lower LDL cholesterol and improve general liver function.
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URBAN COMPASS

JILL ELLIS
METRO LONDON

"I retired from policing; I didn't retire from life," chuckles Murray Faulkner, former London police chief.

Now that he's no longer the city's top cop, Faulkner gets to pursue another passion: Volunteering for charitable organizations. He's on six boards of directors, and one of those is honouring his long-time commitment, the Special Olympics.

The Ontario and London Special Olympic organizing committees will honour Faulkner on Wednesday night at the Lamplighter with a gala dinner benefiting the Special Olympics, billed as the FANtastic Event. He'll be honoured as the first-ever Fan of the Year, and the Sportsperson of the Year award will be renamed the Murray Faulkner Sportsperson of the Year award.

The former chief is quick to give others credit for his achievements and longevity. "A lot of people have done more than me; I'm honoured," he says.

Faulkner's involvement with the Special Olympics began when he was a sergeant in the force, when Chief LaVerne Shipley asked him to check out the law-enforcement torch run for the Special Olympics. He's been involved with the torch run at local, provincial and national levels ever since.

The run started with a dozen or so local cops 24 years ago, and now more than 100 people participate annually — not all of those are police. Some are correctional officers, railway police and police-foundation students from local colleges.

One of the crowning achievements for Faulkner was the success of the Special Olympics Canada Summer Games held in London last year. "We got so many comments that it was the best ever," says Faulkner of the event that saw 1,400 athletes converge on the Forest City.

He's especially proud that this event was recognized by the Canadian Sport Tourism Alliance with the President's Award, along with the Vancouver Winter Games.

The Special Olympics has another tie to London, as a professor at the University of Western Ontario, Frank Hayden, initiated the theory that those with intellectual disabilities experienced health issues due to a sedentary lifestyle — not due to their handicap. This information was incorporated by U.S. president John F. Kennedy's sister — Eunice Kennedy Shriver — when she founded the Special Olympics.

Though Faulkner is pleased and honoured by the recognition, he says it all comes down to the athletes themselves. He was happy to be in Athens last summer to see Team Canada's youngest member, Londoner Sarah Elbers, win a gold medal in long jump. "If someone won an Olympic Gold medal, they'd have huge celebrity, but these individuals are the best in the world and don't receive as much recognition," he says.

Faulkner shares the spotlight with his colleagues: "I've had incredible support from police officers in London and southwestern Ontario, as well as the Ontario Association of Chiefs of Police.... This is a grassroots fundraiser to support a vulnerable sector of society that needs our support."

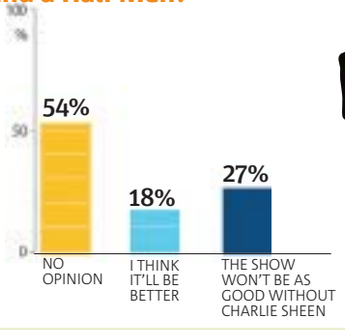
For more information, visit thefantasticevent.ca.

Contact Jill Ellis at londonurbancompass@metronews.ca

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What do you think about the addition of Ashton Kutcher to the cast of Two and a Half Men?



Local tweets

- **@crazygeri:** Time for my weekly tweet about how much I loathe Sunday busses #LTC #ldnont
- **@cucomiris:** having trouble adjusting to the #ldnont weather. one day it's pants, the next day bikini.
- **@BantingHouse:** Signs of a good day for @doorsopenlondon? 10 mins to openning & already 6 people in our square reading the plaques! #DOL #ldnont
- **@jazmynjansen:** Running errands, then running for charity this afternoon ! #tfox #uwo #unitetofight
- **@DeeGotts:** There is some serious talent on this campus #boyscout #uwo
- **@LSITT:** mustang express is bombbb...never paying for a cab again #studentbudget #uwo
- **@JambalayaLdn:** Another beautiful day on the LAWN in #ldnont. Hope you're out there enjoying it! #carfreefest is in full swing, so much going on...
- **@Jessica_A_Baker:** Internet is down until tomorrow...not a happy girl. Can't some of that new free WiFi on Dundas make its way up to Queens? #ldnont

Letters

It was a pleasure to read the article in the Sept. 16 Metro regarding the benefits of the 2013 World Figure Skating Championships, as it would appear there is some question in some quarters as to whether now is the time to spruce up downtown.

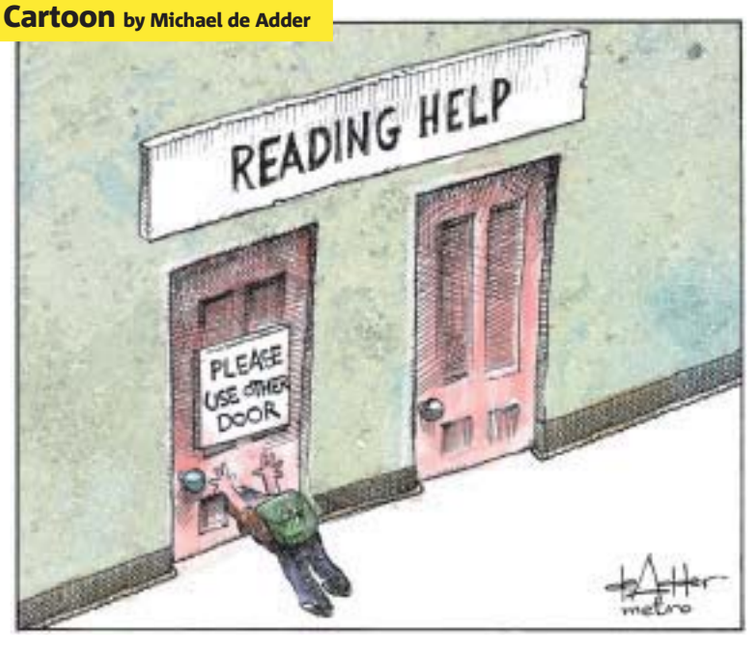
Now is the perfect time to spruce up downtown. The $4.1-million budget request is a reasonable one. For one thing it is a use of tax dollars that benefits Londoners, a usage that I have always been under the impression tax dollars were for. Most of the budget applies to already-approved budget items. No one likes paying taxes, but they are the fuel that stokes the furnace that warms the home. And London is my home.

Yes, there are hardships in today's economic climate, but that doesn't mean one stops planning. As proof of this I think the detractors to the expenditure should do some basic research on marketing, especially a marketing decision that impacted London directly.

The reality is we have to be aggressive and recognize opportunity when it presents itself.

JONATHON BANCROFT-SNELL
LONDON

Cartoon by Michael de Adder



WEIRD NEWS

Recovered message in a bottle a 'miracle'

A Japanese teenager expressed her gratitude yesterday after a U.S. sailor in Hawaii found a bottle she had tossed into the sea off Japan's southern coast as a child.

Saki Arikawa, 17, said she had almost forgotten about the bottle and initially couldn't believe it was found after five years.

She said "it's a miracle" the bottle was found. "It's incredible," she said.

The clear glass bottle was found Thursday by Navy Petty Officer Jon Moore during a beach cleanup at the Pacific Missile Range Facility on Kauai island.

The bottle contained four origami cranes — symbols of peace in Japan — as well as a photo of Arikawa's elementary school class and a note dated March 25, 2006, and signed by Arikawa saying she wanted it to be "a graduation memory."

The bottle was one of five she tossed into the ocean in 2006 as her sixth-grade class graduated from Kokubu Elementary School in Kagoshima. Three other bottles had previously been recovered, including two in Alaska and a third at another location in Hawaii. THE ASSOCIATED PRESS

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HANDOUT

Oscar-winning actor Morgan Freeman stars in Dolphin Tale.

Dolphin-friendly Freeman

Actor Morgan Freeman talks about working with Winter the dolphin in Dolphin Tale

STEVE GOW
SCENE@METRONEWS.CA

There are few actors that can upstage legendary Oscar-winning thespian Morgan Freeman. But of course that's exclusively including human actors. In his latest movie, Freeman's co-star is a dolphin.

"That's why they play such big roles (in our lives)," said Freeman recently about the animals' natural acting ability. "And it's like they're doing their own thing — you don't know if they're trained to do this stuff or if they're showing off. I'm fascinated by them because I've seen them do stuff like that in the wild."

Specifically, Freeman is talking about Winter, the charming subject and star of this Friday's release of Dolphin Tale, an inspiring story of a young marine mammal that was saved with the use of a prosthetic after losing its tail in a tragic accident.

"I think this is a particularly special dolphin," insisted director Charles Martin Smith. "She has so much personality and she's such a character. She's basically the equivalent of a human 10-year-old … when I first started working on the script for this I sat with her for three days and watched her and (observed) all the things that she does that I could write into the script."

Among those traits included some interesting human-like habits and even an affinity for human contact. For Freeman, it was an agreeable improvement on some of his previous co-stars.

"I worked with a bear one time and the guy said 'don't look him in the eye'. That's a note I need — don't look the damn thing in the eye," laughed Freeman. "(Winter) has been in this aquarium for most of her life and even if she was wild, it wouldn't bother me because somehow it appears that (dolphins) have the same kind of affinity for us as we have for them."

Freeman's animal love

Morgan Freeman on his love of animal movies: "The first book I ever read was about a horse — Black Beauty — and I was lost in animal stories after that," said Freeman. "We have a kind of symbiosis with animals that we interact with."

STEVE GOW

2 scene

Scene in brief

It's 1994 all over again, with a re-release of The Lion King opening at the top of the box office. A 3D version of the Disney favourite earned a surprising $29.3 million in its first weekend in theatres, according to Sunday estimates. Last week's No. 1 movie, Contagion, dropped a spot in its second weekend. Drive came in at No. 3 with just over $11 million.

THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene to find out who ruled the Emmy's last night

Celebrity tweets

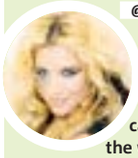
@lindsaylohan

I love how haters pick on my sister yet every runway model is just as thin! My sister is gorgeous and I'm so proud of her and her career!!!!

@justinbieber

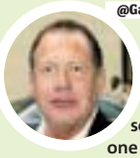
back in the studio putting the finishing touches on this christmas album and getting the tour stuff together.

@keshasuxx



sorry I've been m.i.a. guys. been camping in the wilderness. face paint naked magic steeze.

@GarryShandling



I'm going to have a baby when I'm 90, so I can hire one nurse for everyone.

Was life with Jen 'pathetic' for Brad?

Actor in damage control after recent comments about his ex-wife

Brad Pitt is doing damage control after he made some less-than-complimentary remarks to Entertainment Weekly about life with Jennifer Aniston.

"It started feeling pathetic. It became very clear to me that I was intent on trying to find a movie about an interesting life, but I wasn't living an interesting life myself," Pitt told the magazine.

"I think that my marriage (to Aniston) had something to do with it. Trying to pretend the marriage was something that it wasn't."

But Pitt insists he's been taken out of context.

"It grieves me that this was interpreted this way," Pitt says in a statement.

"Jen is an incredibly giving, loving and hilarious woman who remains my friend. It is an important relationship I value greatly. The point I was trying to make is not that Jen was dull, but that I was becoming dull to myself — and that, I am responsible for."

METRO

SLAVEN VLASIC/GETTY IMAGES

▶ Brad Pitt

Eva's got big shoes to fill

Ryan Gosling's rumoured girlfriend, Eva Mendes, has a lot to live up to.

"I had two of the greatest girlfriends of all time. I haven't met anybody who could top them," Gosling says of exes Sandra Bullock and Rachel McAdams, according to Hollyscoop. Plus, any relationship now takes a backseat to his career. "There's interest, but I'm in a committed relationship with film. I'm giving as much to it as a marriage," he says.

METRO

JOHN SHEARER/GETTY IMAGES

▶ Victoria Beckham

The more the merrier

Maybe David and Victoria Beckham aren't done having kids after all, as the soccer star hinted to Ellen DeGeneres that they'd be welcome to another baby.

"If we were lucky enough to have another one, it would be great," he said.

"We always spoke about having a big family. We love children.

"We are very blessed to have four healthy children, so if one comes along that would be amazing."

DeGeneres pointed out that another child would make five, bringing them to a family of seven, David's lucky number.

"What can I say? I love the number seven," he responded.

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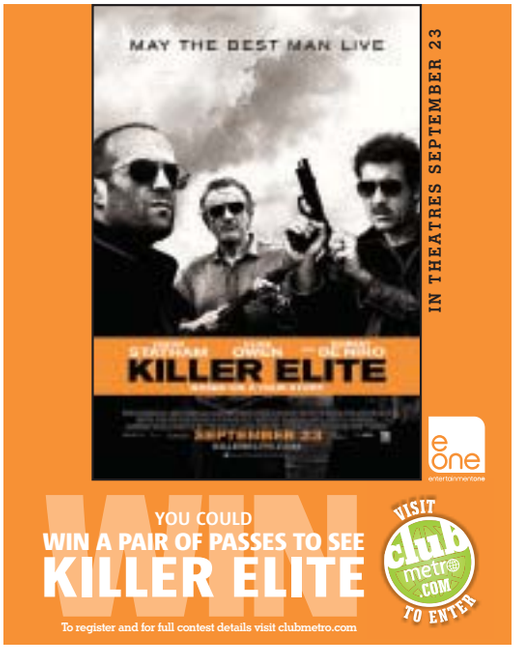
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Perfect gifts for first-time mommy-to-be

She's having a bundle of joy but is a bundle of nerves **Soothe her fears with useful items**

MICHAEL FREIDSON
LIFE@METRONEWS.CA
METRO WORLD NEWS

1

1 FEAR: My baby won't sleep
SOLUTION: The Sleep Sheep. It looks like an ordinary stuffed animal. But inside is a sound box featuring four white noises, including a heartbeat and whale sounds — guaranteed to make your kid go to sleep. **Sleepsheepandfriends.com**

2

2 FEAR: I can't carry my baby
SOLUTION: Moby wrap. The fully adjustable, one-size-fits-all fabric (no annoying snaps or straps) wraps around your entire back, so you don't strain yourself. Or look like a backpacker. **Mobywrap.com**

3

3 FEAR: Changing diapers in public
SOLUTION: The Skip Hop Changing Mat. This simple, ingenious set looks like a clutch, but one zip later, you've got a changing mat with extra-wide flaps. It's quick. And when you're stinking up the entire Baby Gap, you need to be quick. **Amazon.com**

4

4 FEAR: My baby rolls around in bed
SOLUTION: Grobag swaddle. Hey dads: Babies can suffocate under blankets. So wrap them up in this cocoon, a soft, warm blanket that keeps them snug. **gro.co.uk**

5

5 FEAR: I feel gross
SOLUTION: A bath for mom. We recommend a Ren Skin Care bath set, for the soap (to clean off the spit-up on mom's neck) and relaxing scents (to help her forget the spit-up ever happened). Also, offer to babysit, so mom can take the time she needs. **Renskincare.com**

6

6 FEAR: Eating out with baby
SOLUTION: The MeeToo High Chair. It's lightweight and screws directly on to any table, so the baby feels close to the action. When done, it packs away to under an inch thick. Suddenly, other guests at the restaurant don't hate you. **Philandteds.com**

7

7 FEAR: My baby looks cold
SOLUTION: Maryjanes. If her feet are bare, the thickest jumper won't keep her warm. So try these warm and fuzzy socks, which look like shoes. **Trumpette.com**

8

8 FEAR: My baby's teething
SOLUTION: Sophie the Giraffe is a bestseller. It's small enough to hold, soft enough to chew, squeaky enough to entertain and cute enough to make adults drool. **Sophielagiraffe.co.uk**

3 life

Daddy's baby fever

Dads can get "baby fever." Researchers at Kansas State University spent 10 years studying the desires of men and women, and found men also have the undeniable urge to procreate. MWN

Is this thing on? Viral video of web-cam grandparents captures candid moment.

Squash gets you fall ready

This Squash Crumble will work as a side dish or even as a tasty dessert

The natural sweetness of butternut squash makes it a wonderfully versatile ingredient. This spiced and baked dish, for example, can be served as a sweet side alongside a roast and the traditional fixings or topped with ice cream for a delicious dessert.

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This Squash Crumble serves eight.

Preparation:

1. Heat oven to 180 C (350 F). Coat a 23-by-33-cm (9-by-13-inch) baking dish with cooking spray.
2. To make filling, in bowl mix brown sugar, cornstarch, salt, cinnamon and nutmeg. Set aside.
3. Bring pot of water to boil. Add squash and cook 6 minutes, or until just tender. Drain thoroughly. In bowl, mix squash and apples. Add brown sugar mixture, toss well; transfer everything to baking dish.
4. To make topping, in a food processor combine flour, sugar, cinnamon and salt. Add butter and pulse until mix resembles coarse crumbs. Add pecans and pulse to chop and combine. Sprinkle topping evenly over apples and squash. Bake for 45 minutes, or until squash and apples are tender.

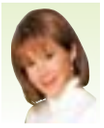
THE ASSOCIATED PRESS

Ingredients:

Filling:
- 45 ml (3 tbsp) brown sugar
- 15 ml (1 tbsp) cornstarch
- Pinch salt
- 2 ml (1/2 tsp) cinnamon
- 1 ml (1/4 tsp) nutmeg
- 1 butternut squash (about 900 g or 2 pounds), peeled, seeded and cut into 2.5 cm (1-inch) chunks
- 3 baking apples (such as Granny Smith), peeled, cored and cut into small chunks

Topping:
- 250 ml (1 cup) all-purpose flour
- 125 ml (1/2 cup) granulated sugar
- 2 ml (1/2 tsp) cinnamon
- Pinch salt
- 75 ml (5 tbsp) butter, cold
- 125 ml (1/2 cup) pecans

Rose Reisman's Swap It



The British scone has always been thought of as a small biscuit-like cake that's not too sweet and presumably healthier. Guess again! The butter croissant is actually better.

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Of roasted tomatoes & sausage

Preparation:

1. Heat the oven to 150 C (300 F). On a rimmed baking sheet, combine the tomatoes, garlic, peppers, red onions, mushrooms, sausage and carrots. Drizzle the oil over the vegetables, then sprinkle with the oregano and basil. Use your hands to toss the vegetables and sausage until coated, then spread in an even layer.
3. Place in the oven and roast for 40 minutes. Walk away and do something fun for the first 20 minutes.
4. Bring a large pot of salted water to a boil. Add the spaghetti and cook according to package directions. Drain, then divide between serving plates. Spoon the roasted vegetable and sausage mixture, including any juices that have collected in the pan, over the pasta. Top with Parmesan and pine nuts.

THE ASSOCIATED PRESS

Ingredients:

- 500 ml (1 pint) cherry tomatoes, halved
- 4 cloves garlic
- 2 green bell peppers, cored, cut into thick strips
- 1 red onion, chopped
- 250 ml (8-oz) package white button mushrooms
- 375 ml (12-oz) package cooked Italian chicken sausage, cut into chunks
- 4 large carrots, peeled and cut into 1.3-cm (1/2-inch) chunks
- 45 ml (3 tbsp) olive oil
- 5 ml (1 tsp) dried oregano
- 5 ml (1 tsp) dried basil
- salt and black pepper
- 450 g (1 lb) spaghetti
- Grated Parmesan cheese
- 60 ml (1/4 cup) toasted pine nuts

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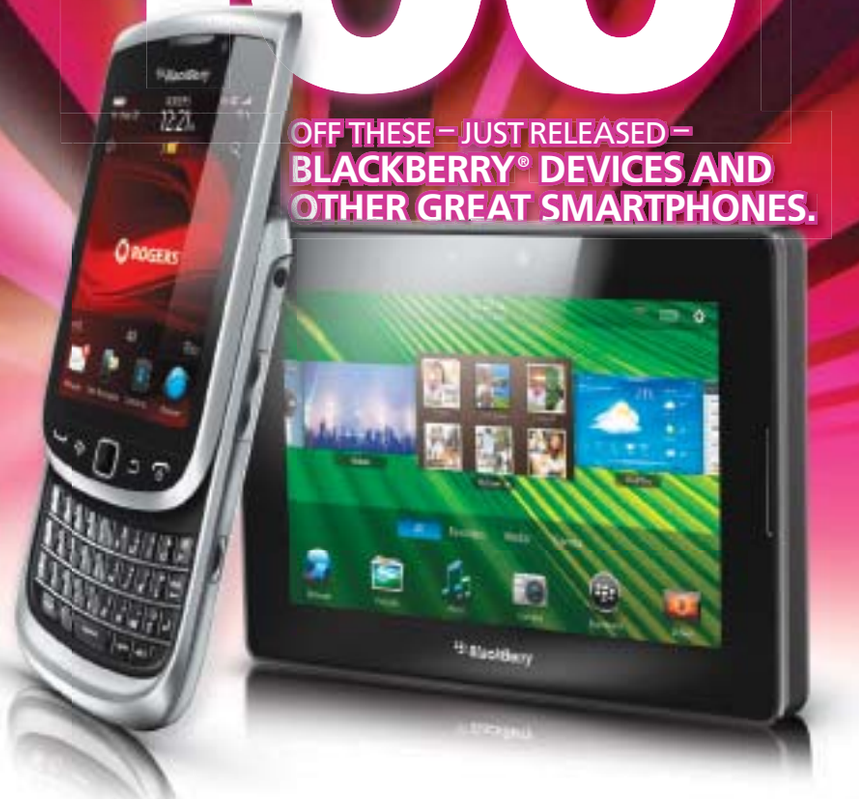

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Canada's billion-dollar-man 'just worked hard'

Our country's third wealthiest person, according to Forbes, came from very humble beginnings

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

He is a superstar entrepreneur and according to Forbes, is worth $5.8 billion. Jim Pattison has come a long way from growing up in poverty and watching his family struggle to make ends meet.

He bought a car dealership in Vancouver, got into leasing and then moved on to media, the food industry and other ventures.

Today, the Jim Pattison Group is Canada's third largest privately owned company, but when I ask him to share his story he stops me quickly.

"At our company we don't talk about ourselves," he says quietly. "We're not fancy and we didn't do much different. We just worked hard."

After much cajoling, I finally convince him to talk about business and the affable billionaire is willing to share his thoughts on how to survive in a challenging economy.

"When there's lots of change in the world there's also lots of opportunity. You have to follow up on the opportunities. If you stick with what you believe in you'll be successful.

But it's all about hard work and timing.

There's no sense in bashing your head against the wall if it's not going anywhere.

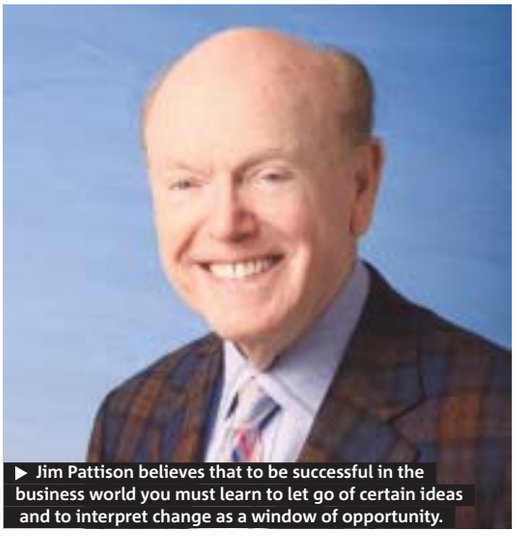
There are a lot of people with good ideas but if it's not commercially viable there's no sense sticking with something that isn't going well."

Pattison cautions everyone to be realistic in an economic downturn and to realize that every situation is unique.

What works in Newfoundland may not fly in B.C.

What's the bottom line from one of the best entrepreneurs ever to emerge from Canada?

"If you work hard and be honest then you'll be successful and that's about as simple as it gets."



Jim Pattison believes that to be successful in the business world you must learn to let go of certain ideas and to interpret change as a window of opportunity.

Tough times

Jim Pattison's 10 tips for surviving a downturn.

1. Out of adversity and change comes opportunity for something new.
2. Be alert and keep your eyes open.
3. Find the resources to make it happen.
4. Have the best price and quality to be competitive on a world wide basis.
5. Conduct yourself with integrity.
6. Don't worry about things you can't control.
7. If timing is on your side you have a chance
8. Treat people the way you want to be treated.
9. We all make mistakes but the key is not to "live" with your mistakes.
10. Know when it's time to move on

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Rays continue to close gap on Red Sox

RAYS	RED SOX
8	5

The ball struck David Price in the chest and bounced in the air, a hit that could have devastated Tampa Bay's playoff chances.

But Evan Longoria fielded the carom and threw to first for the out, Price stayed in the game and the Rays beat the Red Sox 8-5 yesterday to take three out of four in Boston and close within two games in the AL wild-card race.

The Red Sox have lost 11 of 14 and are left rooting for the New York Yankees, who play the Rays seven times in the last 10 games.

"To be able to do this against this team here, if that can't bolster your confidence nothing really can," Rays manager Joe Maddon said. "Now it becomes more viable. You can see the light at the end of the tunnel, and now it's not attached to an oncoming train."

THE ASSOCIATED PRESS

DARREN MCCOLLESTER/GETTY IMAGES

▶ Boston's Dustin Pedroia, left, walks to the dugout after an eighth-inning strike out yesterday.

Morrow shuts down Yankees

DARREN CALABRESE/THE CANADIAN PRESS

▶ Blue Jays pitcher Brandon Morrow works against the Yankees at Rogers Centre yesterday.

Jays' Lind takes care of offence with third multi-homer game of 2011

BLUE JAYS	YANKEES
3	0

After a run of poor results, Blue Jays starter Brandon Morrow changed his approach for yesterday's series finale against the New York Yankees.

The adjustment paid off in a big way.

Morrow allowed just four hits over eight shutout innings and Adam Lind hit two solo homers as Toronto blanked New York 3-0 in the rubber game of the three-game set. The 27-year-old said he was determined to be more aggressive from his warmup session right through to his final pitch.

"I went as hard as I could for as long as I could," Morrow said.

He finished with eight strikeouts, one walk and threw 78 of his 107 pitches for strikes. Morrow (10-11) used his cutter on several occasions and tinkered with his pacing.

The right-hander had allowed 13 earned runs in his two previous outings and dropped six of seven decisions before bouncing back against the Yankees.

"Today he was unhittable," Lind said. "When he has that kind of stuff he's one of the best pitchers in the big leagues."

Frank Francisco recorded his 16th save as Toronto improved to 77-75 while New York fell to 91-60.

It was a glorious day for a late summer game and Lind gave the 34,657 fans at Rogers Centre plenty to cheer about. Both of his blasts came off Yankees starter Freddy Garcia (11-8), who lasted 4 ⅔ innings.

THE CANADIAN PRESS

Packers spoil Newton's big day

STREETER LECKA/GETTY IMAGES

▶ Panthers rookie Cam Newton.

Aaron Rodgers threw for 308 yards and two scores and the Green Bay Packers withstood another 400-yard passing day from Carolina rookie Cam Newton to beat the Panthers 30-23 yesterday.

A week after throwing for 422 yards, Newton topped himself with 432 yards and a touchdown. He also ran for a four-yard touchdown with 37 seconds left to bring Carolina (0-2) within seven, but the Packers (2-0) recovered the onside kick to seal the victory.

Rodgers found Greg Jennings for a 49-yard touchdown early in the third to put the Packers ahead for good. Then, after Clay Matthews stopped Newton on a fourth-down run inside the five, Rodgers found Jordy Nelson for an 84-yard touchdown to make it a two-possession game.

The Packers' defence forced Newton into three interceptions — two by Charles Woodson.

THE ASSOCIATED PRESS

Around the NFL

In other action yesterday:

- Ryan Fitzpatrick threw a six-yard touchdown to David Nelson with 14 seconds left and the Buffalo Bills scored five second-half TDs to overcome a 21-3 first-half deficit in a 38-35 win over the Oakland Raiders.
- Matthew Stafford threw two of his four TD passes to Calvin Johnson and the Detroit Lions are 2-0 after a 48-3 rout over the Kansas City Chiefs, the largest margin of victory ever for the Lions.
- The Pittsburgh Steelers bounced back from an opening-weekend loss to Baltimore as Ben Roethlisberger threw for 298 yards and a TD in a 24-0 romp over the Seattle Seahawks.
- Mark Sanchez threw two TDs and Antonio Cromartie had two interceptions as the New York Jets beat the Jacksonville Jaguars 32-3.

4 sports

Quoted

"I didn't have that much left in the tank, but just enough to play one more match. I left everything out there. Lot of it was adrenalin."

CANADIAN TENNIS PLAYER VASEK POSPISIL. HE CARRIED CANADA'S DAVIS CUP TEAM INTO THE ELITE WORLD GROUP BY FINISHING THE WEEKEND UNDEFEATED AFTER A 6-2, 7-6 (3), 6-4 VICTORY OVER ISRAEL'S AMIR WEINTRAUB IN THE DECIDING MATCH YESTERDAY OF THE A PLAYOFF TIE.

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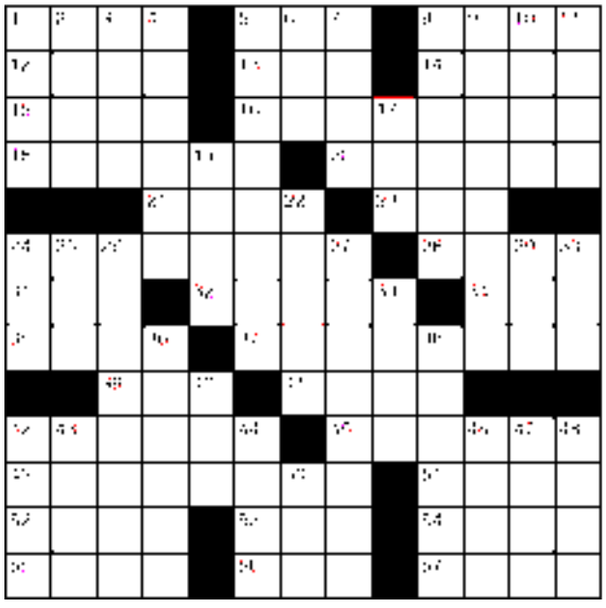
Crossword



Across

1 Injure severely
5 Second mo.
8 Reverberate
12 Erstwhile Peruvian
13 Meadow
14 Carpet style
15 Entrance
16 Tuna variety
18 Baseball game division
20 Not on the road
21 School district CEO
23 Common Mkt.
24 Type of tree
28 Sharpen
31 "That feels so good!"
32 Distend
34 Raw rock
35 Restaurant employee
37 Hamlet's castle
39 Morning light
41 Promgoers' car
42 T-shirt fabric
45 Situated below
49 One who'll eat anything
51 Tittle
52 Manhandle
53 Bro's sibling
54 Rabbit
55 Initial stake
56 Type measures
57 Greek vowels

Down

1 Calf-length
2 Unsigned (Abbr.)
3 PC picture
4 Actress Tomei
5 Standard bearer?
6 Slithery swimmer
7 Ali —
8 Shun
9 "Chattanooga —"
10 Damage
11 Curved molding
17 Dined on
19 Unfeeling
22 Billy Goats Gruff foe
24 Pouch
25 Cry of derision
26 Old joke
27 Simplicity
29 Blunder
30 Golf-ball prop
33 Clock information
36 Vain
38 See
40 Election mo.
42 Prolonged sleep
43 Muscat's land
44 Sniffer
46 Owl's call
47 Sicilian volcano
48 Shafts of light
50 Edge

▶ Yesterday's answer

Sudoku

	3		6		2		5	
4			7		8			9
	8			3			1	
		9				4		
1	6						3	5
		3				1		
	9			5			7	
6			8		9			3
	5		1		4		2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	8	9	1	5	6	7	2	4
4	1	6	2	7	9	5	3	8
7	2	5	3	8	4	6	9	1
8	3	4	6	2	5	1	7	9
9	7	1	4	3	8	2	6	5
6	5	2	7	9	1	8	4	3
1	6	8	9	4	2	3	5	7
5	9	7	8	6	3	4	1	2
2	4	3	5	1	7	9	8	6

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Water Baby
I don't know how this happened...I can't believe it myself, from who's that? to this, from one kiss, a friendship that passed the test of time!!! I hope you will always be Mine! **FROM KISS ME ON THE SALTEE SEAS**

Lovely Sola :D
Can u feel my heart beats?! Every time I see u, my heart beats fast. I like everytin' about u. You're the most importan person in my life! I want u I need u ! I luv u Sola :D **FROM HONEY :D**

BOO
I miss you so much...If you only knew **FROM YOU KNOW**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Mars, your ruler, is the strongest planet in the sky right now, so you should be overflowing with self-belief.

♉ Taurus April 21-May 21 By the end of the week you will be back to your best

♊ Gemini May 22-June 21 Both at home and at work you should adopt a couldn't-care-less attitude

♋ Cancer June 22-July 22 If someone is down on their luck and comes to you for assistance you won't have the heart to turn them away.

♌ Leo July 23-Aug.23 Make sure you have a clear set of goals – and be ruthless in pursuing them only.

♍ Virgo Aug. 24- Sept. 22 By the end of today you will see clear signs that your future looks bright

♎ Libra Sept. 23-Oct. 23 Put behind you any lingering feelings of regret or remorse and get on with your life.

♏ Scorpio Oct. 24-Nov. 22 You will find it easier to be assertive on the work front over the next few days.

♐ Sagittarius Nov. 23-Dec. 21 The message of the stars as the new week begins is that you have nothing to worry about

♑ Capricorn Dec. 22-Jan. 20 Play by the rules and you'll prosper this week.

♒ Aquarius Jan. 21-Feb. 18 A friend or loved one is having a difficult time of things. What can you do to help them?

♓ Pisces Feb. 19-March 20. Sometimes you have to admit that the target you have been aiming for is just too far away. SALLY BROMPTON

Caption contest

RICK BOWMER/ THE ASSOCIATED PRESS

RICK BOWMER/ THE ASSOCIATED PRESS

WIN!

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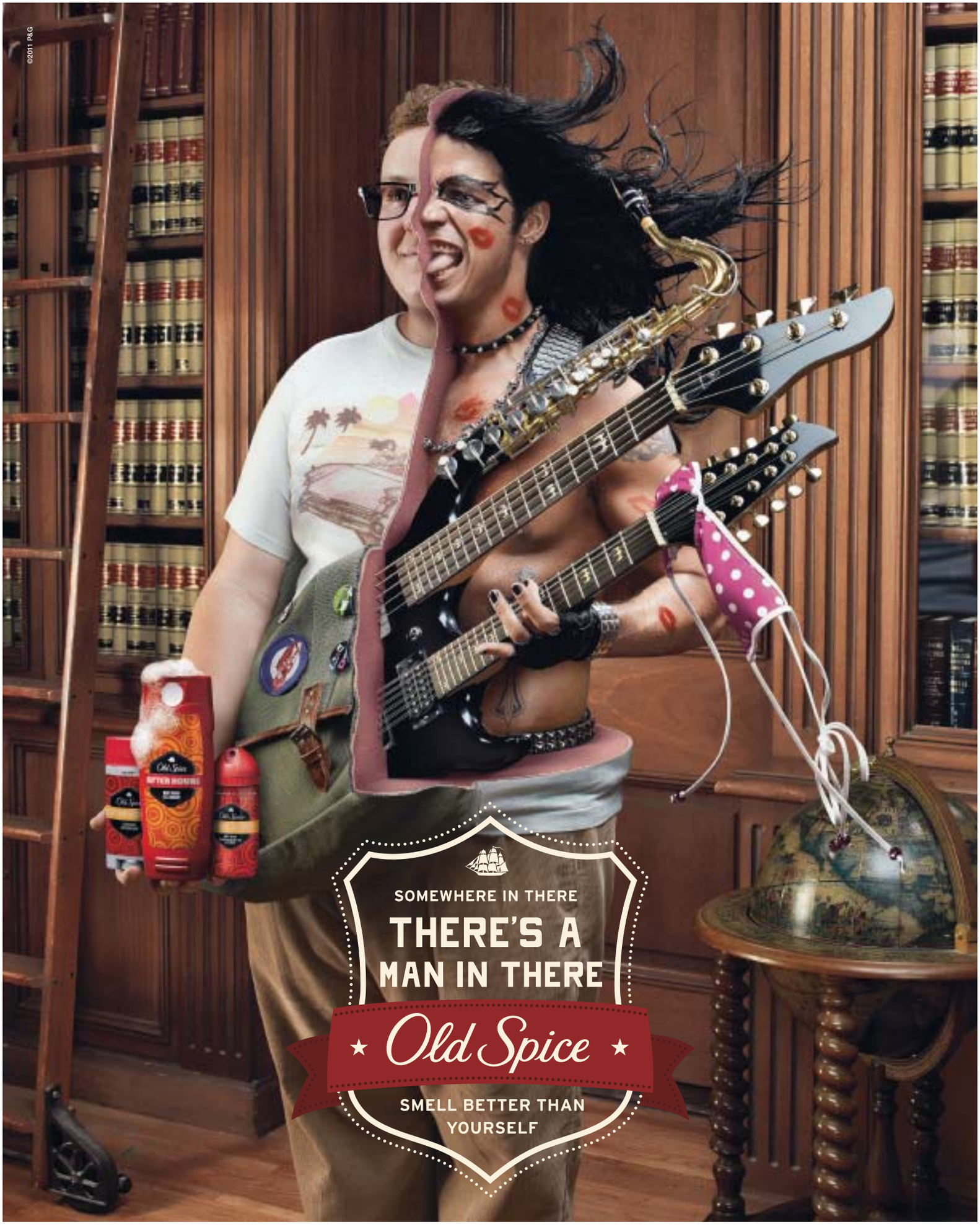
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